

### Cardiopulmonary Rehabilitation Programs

| City         | Facility   | Address                                   | Phone        | Program Director    |
|--------------|--|---|--------------|---------------------|
| Bend         | Saint Charles Medical Center   | 2500 NE Neff Road, Bend OR 97701          | 541-322-2764 | Amy Cavallaro       |
| Coos Bay     | Bay Area Hospital  | 1775 Thompson Road, Coos Bay OR 97420     | 541-269-8389 | Julene Cox          |
| Gold Beach   | Curry General Hospital   | 94220 Fourth St, Gold Beach OR 97444      | 541-247-3128 | Michelle Buffington |
| Grants Pass  | Three Rivers Medical Center  | 1505 NW Washington, Grants Pass, OR 97526 | 541-472-7850 | Kathy Gallego       |
| Medford      | Asante Rogue Regional Medical Center   | 2825 E Barnett Rd, Medford OR 97504       | 541-789-4466 | Beth Coker          |
| Roseburg     | Mercy Medical Center   | 2700 Stewart Parkway, Roseburg OR 97470   | 541-677-4826 | Connie Kinman       |
| Springfield  | McKenzie Willamette Hospital   | 1460 G St, Springfield OR 97477           | 541-988-6310 | Dan Manning         |
|              | Oregon Heart & Vascular Institute  | 3311 Riverbend Dr, Springfield OR 97477   | 541-222-7216 | Aaron Harding       |
| Redding      | Shasta Regional Medical Ctr  | 1100 Butte St, Redding CA 96001           | 530-244-5105 | Jane Metzner        |
| Eureka       | St. Joseph Hospital  | 2700 Dolbeer St, Eureka CA 95501          | 797-445-8121 | Scott Llewellyn     |
| Washington   | Vancouver and Longview   |   |              |                     |
| Other Oregon | Albany, Astoria, Corvallis, Florence, Gresham, Hermiston, Hillsboro, Hood River, Lebanon, McMinnville. Newport, Oregon City, Portland (4), Salem, The Dalles, Tualatin and Woodburn<br>Redmond and Prineville have satellite programs sponsored by St. Charles Medical Center in Bend. |   |              |                     |

**TALK TO YOUR HEALTH CARE PROVIDER**  
about enrolling in a cardiac rehab program **TODAY!**

### CARDIAC REHAB can:



**Lower the chances of a 2nd heart attack or heart surgery**

**Reduce overall risk of dying or having a future cardiac event**



**Lessen chest pain, and in some cases, the need for medications**

**Control risk factors** such as high blood pressure & cholesterol



**Help with weight loss**

